



ALERGENOS / ALLERGENS - 2024

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Español	English	Alérgenos	Allergens
ALBERT ADRIÀ			
Shiitake Gunkan **	Shiitake Gunkan **	PESCADO GLUTEN (trigo) SOJA	FISH GLUTEN (wheat) SOYA
Shiso nigiri **	Shiso sushi **	PESCADO SESAMO SOJA	FISH SESAME SOYA
Shiitake Onigiri	Shiitake Onigiri	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Shiitake Onigiri duo	Shiitake Onigiri duo	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Tamago spring	Tamago spring	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Chicken kimchi Futomaki	Chicken kimchi Futomaki	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Hako Salmon	Salmon Hako	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SULPHITES
Hako Spicy Tuna	Spicy Tuna Hako	PESCADO GLUTEN (trigo) MOSTAZA SESAMO SOJA	FISH GLUTEN (wheat) MUSTARD SESAME SOYA
Temaki like tapas **	Temaki like tapas **	PESCADO GLUTEN (trigo) MOSTAZA SESAMO SOJA	FISH GLUTEN (wheat) MUSTARD SESAME SOYA
Box Albert Adria **	Box Albert Adria **	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
SUSHI BOXES			
Veggie box	Veggie box	LECHE GLUTEN (trigo) SESAMO SOJA	MILK GLUTEN (wheat) SESAME SOYA
Amateur mix	Amateur mix	PESCADO LECHE SESAMO SOJA	FISH MILK SESAME SOYA
Salmon original	Salmon original	PESCADO SESAMO SOJA	FISH SESAME SOYA
Sunrise	Sunrise	PESCADO LECHE HUEVO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS MUSTARD SESAME SOYA SULPHITES
Salmon Lovers	Salmon Lovers	PESCADO SESAMO SOJA	FISH SESAME SOYA
Salmon Classic	Salmon Classic	PESCADO SESAMO SOJA	FISH SESAME SOYA
Super Salmon	Super Salmon	PESCADO LECHE SESAMO SOJA	FISH MILK SESAME SOYA
California Dream	California Dream	PESCADO CRUSTACEOS LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH CRUSTACEANS MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Box spicy mix	Box spicy mix	PESCADO CRUSTACEOS LECHE HUEVO FRUTOS SECOS (avellanas) GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH CRUSTACEANS MILK EGGS NUTS (hazelnut) GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Fresh mix	Fresh mix	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA
Just Salmon Box	Just Salmon Box	PESCADO SESAMO SOJA	FISH SESAME SOYA
California star	California star	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Tasty box	Tasty box	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Kids menu salmón	Kids menu salmon	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SOYA SULPHITES
Kids menu atún cocido	Kids menu cooked tuna	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES



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BOX TO SHARE			
Box for 2	Box for 2	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Box for 2 gourmet	Box for 2 gourmet	PESCADO CRUSTACEOS LECHE HUEVO FRUTOS SECOS (avellanas) GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH CRUSTACEANS MILK EGGS NUTS (hazelnut) GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Blackbox Classic	Blackbox Classic	PESCADO CRUSTACEOS LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH CRUSTACEANS MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Black box gourmet	Black box gourmet	PESCADO CRUSTACEOS LECHE HUEVO FRUTOS SECOS (avellanas) GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA CACAHUETES SULFITOS	FISH CRUSTACEANS MILK EGGS NUTS (hazelnut) GLUTEN (wheat) CELERY MUSTARD SESAME SOYA PEANUTS SULPHITES
Happy Sushi Box	Happy Sushi Box	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Box by You	Box by You	La declaración de alérgenos puede variar en función de la composición elegida. Consulte cada producto de esta lista.	The declaration of allergens may vary depending on the composition chosen. Please see each product in this list.
YAKITORI / GYOZAS			
Yakitori Buey con Queso	Beef Cheese Yakitori	LECHE GLUTEN (trigo) SOJA	MILK GLUTEN (wheat) SOYA
Yakitori Pollo	Chicken Yakitori	GLUTEN (trigo) SOJA	GLUTEN (wheat) SOYA
Yakitori Pollo Tsukune	Chicken Tsukune Yakitori	HUEVO GLUTEN (trigo) SOJA	EGGS GLUTEN (wheat) SOYA
Gyozas Pollo	Chicken gyozas	GLUTEN (trigo) SESAMO SOJA	GLUTEN (wheat) SESAME SOYA
Gyozas Vegetarianas	Vegetarian Gyozas	GLUTEN (trigo) SESAMO SOJA	GLUTEN (wheat) SESAME SOYA
Gyozas Gamba	Shrimp gyoza	CRUSTACEOS GLUTEN (trigo) SESAMO SOJA	CRUSTACEANS GLUTEN (wheat) SESAME SOYA
Gyozas Cerdo	Pork gyoza	GLUTEN (trigo) SESAMO SOJA	GLUTEN (wheat) SESAME SOYA
Gyozas Buey	Beef gyozas	GLUTEN (trigo) APIO SESAMO SOJA	GLUTEN (wheat) CELERY SESAME SOYA
ONIGIRI			
Shiitake Onigiri	Shiitake Onigiri	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Shiitake Onigiri duo	Shiitake Onigiri duo	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
CURRY JAPONES / JAPANESE CURRY			
Curry de gambas tempura	Prawn tempura curry	CRUSTACEOS GLUTEN (trigo) MOSTAZA SESAMO SOJA SULFITOS	CRUSTACEANS GLUTEN (wheat) MUSTARD SESAME SOYA SULPHITES
Curry de pollo katsu	Chicken katsu curry	HUEVO GLUTEN (trigo) MOSTAZA SESAMO	EGGS GLUTEN (wheat) MUSTARD SESAME
Curry tamagoyaki	Curry tamagoyaki	PESCADO HUEVO GLUTEN (trigo) MOSTAZA SESAMO SOJA	FISH EGGS GLUTEN (wheat) MUSTARD SESAME SOYA
YAKISOBA			
Yakisoba Salmón ***	Yakisoba Salmon ***	PESCADO GLUTEN (trigo) MOSTAZA SESAMO SOJA SULFITOS	FISH GLUTEN (wheat) MUSTARD SESAME SOYA SULPHITES
Yakisoba Verduras ***	Yakisoba Vegetables ***	GLUTEN (trigo) SESAMO SOJA SULFITOS	GLUTEN (wheat) SESAME SOYA SULPHITES
Yakisoba Chicken Katsu ***	Yakisoba Chicken Katsu ***	HUEVO GLUTEN (trigo) SESAMO SOJA SULFITOS	EGGS GLUTEN (wheat) SESAME SOYA SULPHITES
Yakisoba Gamba Tempura ***	Yakisoba Shrimp Tempura ***	CRUSTACEOS GLUTEN (trigo) SESAMO SOJA SULFITOS	CRUSTACEANS GLUTEN (wheat) SESAME SOYA SULPHITES



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RAMEN			
Ramen de pollo	Chicken ramen	HUEVO GLUTEN (trigo) SESAMO SOJA SULFITOS	EGGS GLUTEN (wheat) SESAME SOYA SULPHITES
Ramen pato	Duck ramen	HUEVO GLUTEN (trigo) SESAMO SOJA SULFITOS	EGGS GLUTEN (wheat) SESAME SOYA SULPHITES
Add-on pato	Add-on duck	GLUTEN (trigo) SOJA	GLUTEN (wheat) SOYA
Add-on pollo	Add-on chicken		
Add-on Huevo ajitsuke	Add-on Egg ajitsuke	HUEVO GLUTEN (trigo) SOJA	EGGS GLUTEN (wheat) SOYA
SUSHI / NIGIRI			
Nigiri Pez Mantequilla Ponzu	Sushi butterfish	PESCADO GLUTEN (trigo) SOJA	FISH GLUTEN (wheat) SOYA
Nigiri salmón	Sushi salmon	PESCADO	FISH
Nigiri Salmon Cheese	Sushi Salmon Cheese	PESCADO LECHE MOSTAZA SESAMO	FISH MILK MUSTARD SESAME
Nigiri salmón teriyaki	Sushi teriyaki salmon	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Nigiri atún	Sushi tuna	PESCADO	FISH
Nigiri gamba	Sushi prawn	CRUSTACEOS SOJA	CRUSTACEANS SOYA
Nigiri dorada	Sushi bream	PESCADO GLUTEN (trigo) SOJA	FISH GLUTEN (wheat) SOYA
Shiitake Gunkan **	Shiitake Gunkan **	PESCADO GLUTEN (trigo) SOJA	FISH GLUTEN (wheat) SOYA
Shiso nigiri **	Shiso sushi **	PESCADO SESAMO SOJA	FISH SESAME SOYA
Gunkan huevas de salmón	Gunkan salmon roe	PESCADO	FISH
Sushi Huevo Tamagoyaki	Sushi Tamagoyaki omelette	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SOYA SULPHITES
MAKI			
Maki aguacate	Maki avocado	SESAMO	SESAME
Maki pepino y queso	Maki cucumber cheese	LECHE	MILK
Maki aguacate y queso	Maki avocado cheese	LECHE	MILK
Maki pepino	Maki cucumber	SESAMO	SESAME
Maki aguacate wasabi	Maki avocado wasabi	HUEVO GLUTEN (trigo) APIO MOSTAZA SULFITOS	EGGS GLUTEN (wheat) CELERY MUSTARD SULPHITES
Maki salmón	Maki salmon	PESCADO	FISH
Maki atún	Maki tuna	PESCADO	FISH
Maki atún picante	Maki spicy tuna	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA	FISH EGGS GLUTEN (wheat) CELERY MUSTARD
Maki salmón roll	Maki cheese salmon	PESCADO LECHE	FISH MILK
Maki salmón roll avocado	Maki salmon roll avocado	PESCADO LECHE	FISH MILK
Maki Berenjena Miso	Maki Aubergine miso	SESAMO SOJA	SESAME SOYA
Temaki like tapas **	Temaki like tapas **	PESCADO GLUTEN (trigo) MOSTAZA SESAMO SOJA	FISH GLUTEN (wheat) MUSTARD SESAME SOYA



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FUTOMAKI			
Futomaki Veggie	Veggie Futomaki	HUEVO APIO MOSTAZA SOJA SULFITOS	EGGS CELERY MUSTARD SOYA SULPHITES
Chicken kimchi Futomaki	Chicken kimchi Futomaki	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Futomaki Tuna	Tuna Futomaki	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SULPHITES
CALIFORNIA / ROLLS			
California veggie roll	California veggie roll	GLUTEN (trigo) SESAMO SOJA	GLUTEN (wheat) SESAME SOYA
California Wakamé Roll	California Wakame Roll	SESAMO SOJA	SESAME SOYA
California Pez Mantequilla Goma Ponzu	California butterfish goma ponzu	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
California salmón y aguacate	California salmon avocado	PESCADO SESAMO	FISH SESAME
California muselina de atún y aguacate	California cooked tuna avocado	PESCADO LECHE HUEVO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS MUSTARD SESAME SOYA SULPHITES
California atún y aguacate	California tuna avocado	PESCADO SESAMO	FISH SESAME
California pacific	California pacific	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME
California chicken curry	California chicken curry	LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SOJA SULFITOS	MILK EGGS GLUTEN (wheat) CELERY MUSTARD SOYA SULPHITES
California fresh salmón	California fresh salmon	PESCADO HUEVO APIO MOSTAZA SESAMO SULFITOS	FISH EGGS CELERY MUSTARD SESAME SULPHITES
California gamba tempura	California shrimp tempura	CRUSTACEOS HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	CRUSTACEANS EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
California Dorada Manzana Verde	California seabream green apple	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
California salmón aburi roll	California salmon aburi roll	PESCADO LECHE MOSTAZA SESAMO	FISH MILK MUSTARD SESAME
California chicken katsu	California chicken katsu	LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
California french touch	California french touch	FRUTOS SECOS (avellanas) GLUTEN (trigo)	NUTS (hazelnut) GLUTEN (wheat)
California tuna truffle	California tuna truffle	PESCADO HUEVO APIO MOSTAZA SULFITOS	FISH EGGS CELERY MUSTARD SULPHITES
California salmón wasabi	California salmon wasabi	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SULPHITES
SPRING ROLLS			
Spring pepino y queso	Spring cucumber cheese	LECHE	MILK
Spring aguacate y queso	Spring avocado cheese	LECHE	MILK
Spring Muselina de atún y Aguacate	Spring cooked tuna avocado	PESCADO LECHE HUEVO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS MUSTARD SESAME SOYA SULPHITES
Spring salmón y aguacate	Spring salmon avocado	PESCADO	FISH
Spring pollo rebozado y aguacate	Spring fried chicken avocado	LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SOJA SULFITOS	MILK EGGS GLUTEN (wheat) CELERY MUSTARD SOYA SULPHITES
Spring atún y aguacate	Spring tuna avocado	PESCADO	FISH
Spring salmón tataki	Spring salmon tataki	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES



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Spring tataki atún	Spring tataki tuna	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA CACAHUETES SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA PEANUTS SULPHITES
Spring gamba	Spring prawn	CRUSTACEOS	CRUSTACEANS
Tamago spring	Tamago spring	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Spring Dorada Wasabi	Spring seabream wasabi	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SULPHITES
Spring tempura de gamba	Spring prawn tempura	CRUSTACEOS HUEVO GLUTEN (trigo) APIO MOSTAZA SOJA SULFITOS	CRUSTACEANS EGGS GLUTEN (wheat) CELERY MUSTARD SOYA SULPHITES
SIGNATURE ROLLS			
Signature color fresh	Signature color fresh	HUEVO APIO MOSTAZA SESAMO SOJA SULFITOS	EGGS CELERY MUSTARD SESAME SOYA SULPHITES
Signature rock n roll	Signature rock n roll	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA
Signature fire roll	Signature fire roll	PESCADO CRUSTACEOS HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH CRUSTACEANS EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Signature wasabeef roll**	Signature wasabeef roll**	HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SULFITOS	EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SULPHITES
Signature white passion roll	Signature white passion roll	PESCADO HUEVO APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS CELERY MUSTARD SESAME SOYA SULPHITES
Signature dragon roll	Signature dragon roll	PESCADO CRUSTACEOS HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH CRUSTACEANS EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Hako Salmon	Salmon Hako	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SULPHITES
Hako Spicy Tuna	Spicy Tuna Hako	PESCADO GLUTEN (trigo) MOSTAZA SESAMO SOJA	FISH GLUTEN (wheat) MUSTARD SESAME SOYA
SASHIMI &TATAKI			
Sashimi surtido 15 piezas	Assortment sashimi 15 pieces	PESCADO CRUSTACEOS	FISH CRUSTACEANS
Sashimi mixto atún y salmón 15 piezas	Tuna salmon combo sashimi 15 pieces	PESCADO	FISH
Sashimi salmón 15 piezas	Salmon sashimi 15 pieces	PESCADO	FISH
Sashimi salmón 5 piezas	Salmon sashimi 5 pieces	PESCADO	FISH
Sashimi atún 10 piezas	Tuna sashimi 10 pieces	PESCADO	FISH
Sashimi atún 5 piezas	Tuna sashimi 5 pieces	PESCADO	FISH
Sashimi dorada 5 piezas	Sashimi seabream 5 pieces	PESCADO	FISH
Tataki de salmón 15 piezas	Salmon tataki 15 pieces	PESCADO GLUTEN (trigo) SOJA	FISH GLUTEN (wheat) SOYA
Tataki de atún 15 piezas	Tuna tataki 15 pieces	PESCADO GLUTEN (trigo) SOJA	FISH GLUTEN (wheat) SOYA
Tataki de buey 10 piezas	Beef tataki 10 pieces	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA



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TARTAR & CEVICHE			
Tartar de salmón	Salmone tartare	PESCADO HUEVO APIO MOSTAZA SULFITOS	FISH EGGS CELERY MUSTARD SULPHITES
Ceviche de dorada con leche de tigre de mango	Bream ceviche and mango "leche de tigre" marinade	PESCADO SESAMO	FISH SESAME
Tartar Atún picante	Spicy Tuna Tartare	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SOJA	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SOYA
CHIRASHI			
Chirashi salmón y aguacate	Salmon avocado chirashi	PESCADO SESAMO	FISH SESAME
Chirashi salmon cheese	Salmon cheese chirashi	PESCADO LECHE SESAMO	FISH MILK SESAME
Chirashi marinado	Marinated chirashi	PESCADO MOSTAZA SESAMO	FISH MUSTARD SESAME
POKE BOWL QUINOA			
Poke bowl quinoa berenjena miso	Aubergine miso quinoa poke bowl	GLUTEN (trigo) SESAMO SOJA	GLUTEN (wheat) SESAME SOYA
Poke bowl quinoa salmón teriyaki	Teriyaki salmon quinoa poke bowl	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Poke bowl quinoa salmón detox	Detox salmon quinoa poke bowl	PESCADO GLUTEN (trigo) MOSTAZA SESAMO SOJA	FISH GLUTEN (wheat) MUSTARD SESAME SOYA
Poke bowl quinoa salmón aburi	Salmon aburi quinoa poke bowl	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Poke bowl quinoa Fried Chicken	Fried Chicken quinoa poke bowl	LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA	MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA
Poke bowl quinoa passion salmón	Poke bowl quinoa passion salmon	PESCADO GLUTEN (trigo) MOSTAZA SESAMO SOJA	FISH GLUTEN (wheat) MUSTARD SESAME SOYA
Poke bowl quinoa dorada	Bream quinoa poke bowl	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Poke bowl quinoa atún picante	Spicy tuna quinoa poke bowl	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA
POKE BOWL ARROZ			
Poke bowl arroz berenjena miso	Aubergine miso rice poke bowl	SESAMO SOJA	SESAME SOYA
Poke bowl arroz salmón teriyaki	Teriyaki salmon rice poke bowl	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Poke bowl arroz salmón detox	Detox salmon rice poke bowl	PESCADO MOSTAZA SESAMO SOJA	FISH MUSTARD SESAME SOYA
Poke bowl arroz salmón aburi	Salmon aburi rice poke bowl	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES
Poke bowl arroz Fried Chicken	Fried Chicken rice poke bowl	LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA	MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA
Poke bowl arroz passion salmon	Passion salmon rice poke bowl	PESCADO MOSTAZA SESAMO SOJA	FISH MUSTARD SESAME SOYA
Poke bowl arroz dorada	Bream rice poke bowl	PESCADO SESAMO SOJA	FISH SESAME SOYA
Poke bowl arroz atún picante	Spicy tuna rice poke bowl	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA



ALERGENOS / ALLERGENS - 2024

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Español	English	Alérgenos	Allergens
POKE BYOP - BASE & ADD-ON PROTEÍNA / PROTEIN			
Base arroz avinagrado	Vinegar rice base		
base quinoa ponzu	ponzu quinoa base	GLUTEN (trigo) SESAMO SOJA	GLUTEN (wheat) SESAME SOYA
Salmón	Salmon	PESCADO	FISH
Tamagoyaki	Tamagoyaki	PESCADO HUEVO GLUTEN (trigo) SOJA	FISH EGGS GLUTEN (wheat) SOYA
Atún	Tuna	PESCADO	FISH
Dorada	Seabream	PESCADO	FISH
Fried chicken	Fried chicken	LECHE GLUTEN (trigo) SOJA	MILK GLUTEN (wheat) SOYA
Gamba ebi	Shrimp ebi	CRUSTACEOS	CRUSTACEANS
Salmon aburi	Salmon aburi	PESCADO MOSTAZA SESAMO	FISH MUSTARD SESAME
Ternera merienda	Snacked Beef		
Base poke salmon teriyaki	Teriyaki salmon poke base	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
Base poke salmon marinado	Marinated salmon poke base	PESCADO MOSTAZA SESAMO	FISH MUSTARD SESAME
base de atun picante	spicy tuna base	PESCADO HUEVO GLUTEN (trigo) APIO MOSTAZA SOJA	FISH EGGS GLUTEN (wheat) CELERY MUSTARD SOYA
base de salmón y atún marinado	marinated tuna salmon base	PESCADO MOSTAZA SESAMO	FISH MUSTARD SESAME
POKE BYOP - ADD-ON ACOMPAÑAMIENTOS / EXTRA			
Aguacate	Avocado		
Edamame	Edamame	SOJA	SOYA
Ensalada de coles	Cabbage salad	SESAMO	SESAME
Verduras crujientes	Crisp vegetables	SOJA CACAHUETES	SOYA PEANUTS
Caviar de berenjena miso	Eggplant miso caviar	SESAMO SOJA	SESAME SOYA
Piña	Pineapple		
Mango	Mango		
Rúcula	Rocket salad		
Encurtidos de pepino	Pickled cucumber	MOSTAZA SESAMO SOJA	MUSTARD SESAME SOYA
Pepino	Cucumber		
Espárragos verdes	Green asparagus		



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Español	English	Alérgenos	Allergens
POKE BYOP SALSA			
Salsa teriyaki	Teriyaki sauce	GLUTEN (trigo) SOJA	GLUTEN (wheat) SOYA
Salsa soja salada	Salty soy sauce	GLUTEN (trigo) SOJA	GLUTEN (wheat) SOYA
Mayonesa picante	Spicy mayonnaise	HUEVO GLUTEN (trigo) APIO MOSTAZA	EGGS GLUTEN (wheat) CELERY MUSTARD
Salsa leche de tigre con mango	Mango tiger milk	SESAMO	SESAME
Salsa de cítricos	Citrus sauce	MOSTAZA	MUSTARD
Salsa ponzu	Ponzu sauce	GLUTEN (trigo) SOJA	GLUTEN (wheat) SOYA
Salsa goma ponzu	Goma ponzu sauce	PESCADO GLUTEN (trigo) SESAMO SOJA	FISH GLUTEN (wheat) SESAME SOYA
POKE BYOP - ADD-ON TOPPING			
Cebollas fritas	Fried onions	GLUTEN (trigo)	GLUTEN (wheat)
Cacahuetes	Peanuts	CACAHUETES	PEANUTS
Cilantro	Coriander		
Granada	Pomegranate		
Sésamo	Sesame	SESAMO	SESAME
Cebolla roja	Red onion		
EXTRA			
Arroz blanco	Plain rice		
Arroz avinagrado	Sushi rice	SESAMO	SESAME
Sopa miso	Miso soup	PESCADO SOJA	FISH SOYA
Coleslaw wasabi	Wasabi coleslaw	HUEVO APIO MOSTAZA SESAMO SULFITOS	EGGS CELERY MUSTARD SESAME SULPHITES
Ensalada de zanahorias con salsa de cítricos	Carrot salad with citrus dressing	MOSTAZA	MUSTARD
Ensalada de verduras crujientes	Crunchy vegetable salad	SOJA CACAHUETES	SOYA PEANUTS
Edamame	Edamame	SOJA	SOYA
Ensalada de algas	Seaweed salad	SESAMO SOJA	SESAME SOYA
Salsa de soja salada	Salty soy sauce	GLUTEN (trigo) SOJA	GLUTEN (wheat) SOYA
Salsa de soja dulce	Sweet soy sauce	GLUTEN (trigo) SOJA SULFITOS	GLUTEN (wheat) SOYA SULPHITES
Jengibre	Ginger		
Wasabi	Wasabi	MOSTAZA	MUSTARD



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Español	English	Alérgenos	Allergens
Wasabi peas	Wasabi peas	GLUTEN (trigo)	GLUTEN (wheat)
Spicy sauce	Spicy sauce	HUEVO SESAMO SULFITOS	EGGS SESAME SULPHITES
Crispy nori	Crispy nori	SESAMO	SESAME
POSTRES			
Mochi helado de mango y maracuyá	Mango-passion fruit iced mochi	LECHE	MILK
Mochi helado de coco	Iced Coconut Mochi	LECHE	MILK
Mochi helado sésamo negro	Black sesame iced mochi	LECHE SESAMO	MILK SESAME
Magdalenas con pepitas de chocolate	Madeleine chocolate chips	LECHE HUEVO GLUTEN (trigo) SOJA	MILK EGGS GLUTEN (wheat) SOYA
Perlas de coco	Coconut pearls	LECHE HUEVO GLUTEN (trigo)	MILK EGGS GLUTEN (wheat)
Dorayaki	Dorayaki	LECHE HUEVO GLUTEN (trigo)	MILK EGGS GLUTEN (wheat)
Cheesecake	Cheesecake	LECHE HUEVO FRUTOS SECOS (almendras) GLUTEN (trigo)	MILK EGGS NUTS (almond) GLUTEN (wheat)
Bizcocho de chocolate	Chocolate cake	LECHE HUEVO GLUTEN (trigo) SOJA	MILK EGGS GLUTEN (wheat) SOYA
Mango fresco	Fresh mango		
Helado de Mango	Mango ice cream		
Helado de pistacho	Pistachio ice cream	LECHE HUEVO FRUTOS SECOS (pistachos)	MILK EGGS NUTS (pistachio nut)
BOX ESPECIAL / EVENT BOX / NEW			
Box del mes de febrero	Box of the month February	PESCADO LECHE HUEVO GLUTEN (trigo) APIO MOSTAZA SESAMO SOJA SULFITOS	FISH MILK EGGS GLUTEN (wheat) CELERY MUSTARD SESAME SOYA SULPHITES

ESPAÑOL : Productos que contienen E110 * o E102 ** : puede tener efectos negativos sobre la actividad y la atención de los niños. Advertencia para productos con PEZ MANTEQUILLA : un consumo excesivo de este pescado puede causar trastornos gastrointestinales. Algunos de nuestros productos pueden no estar disponibles en el restaurante : para mas información sobre su disponibilidad, consulte el menú de cada tienda. *** : Los fideos de las yakisobas contienen setas shiitake, que pueden provocar alergias en algunas personas.

ENGLISH : Products containing E110 * or E102 ** : may have an adverse effect on activity and attention in children. Warning for products with BUTTERFISH: excessive consumption of this fish can cause gastrointestinal disorders. Our products are not available at each point of sale: please refer to the menu of point of sale. ***: Yakisoba noodles contain shiitake mushrooms which can cause allergies in some people.