

ALERGENOS / ALLERGENS - 2021

Español	English	Alérgenos	Allergens
---------	---------	-----------	-----------

SUSHI BOXES 2021

Español	English	Alérgenos	Allergens
Amateur mix	Amateur mix	Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Salmón original	Salmon original	Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Special blend	Special blend	Gluten (trigo) Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Master mix	Master mix	Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Sunrise	Sunrise	Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Salmón Classic	Salmon Classic	Pescado Soja Sésamo	Fish Soya Sesame
Salmón Lovers	Salmon Lovers	Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Classic mix	Classic mix	Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Super Salmón	Super Salmon	Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
California Dream	California Dream	Gluten (trigo) Crustaceos Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Gourmet Mix *	Gourmet Mix *	Gluten (trigo) Huevos Pescado Soja Fructos de cascara (avellana) Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Nuts (hazelnut) Celery Mustard Sesame Sulphites
Fresh Mix *	Fresh Mix *	Gluten (trigo) Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites

GREGORY MARCHAND

Español	English	Alérgenos	Allergens
Signature frenchie roll	Signature frenchie roll	Gluten (trigo) Huevos Soja Leche Apio Mostaza Sésamo	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame
Spring indian	Indian spring	Huevos Leche Apio Mostaza Sulfitos	Eggs Milk Celery Mustard Sulphites
California scandinavian roll	California scandinavian roll	Pescado Leche	Fish Milk
California purple roll	California purple roll	Pescado Leche Sésamo	Fish Milk Sesame
Nigiri satay	Satay sushi	Crustaceos Cacahuets Sulfitos	Crustaceans Peanuts Sulphites
Nordic tartar	Nordic tartare	Pescado Leche Sulfitos	Fish Milk Sulphites
Mediterranean bowl	Mediterranean bowl	Soja Leche Mostaza Sésamo Moluscos	Soya Milk Mustard Sesame Mollusc
Box Gregory Marchand	Box Gregory Marchand	Gluten (trigo) Crustaceos Huevos Pescado Cacahuets Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Peanuts Soya Milk Celery Mustard Sesame Sulphites

BOX TO SHARE

Español	English	Alérgenos	Allergens
Box for two	Box for two	Gluten (trigo) Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Box for two gourmet *	Box for two gourmet *	Gluten (trigo) Crustaceos Huevos Pescado Soja Leche Fructos de cascara (avellana) Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soybeans Milk Nuts (hazelnut) Celery Mustard Sesame Sulphites
Black box classic	Black box classic	Gluten (trigo) Crustaceos Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Black box gourmet *	Black box gourmet *	Gluten (trigo) Crustaceos Huevos Pescado Cacahuets Soja Leche Fructos de cascara (avellana) Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Peanuts Soybeans Milk Nuts (hazelnut) Celery Mustard Sesame Sulphites

SUSHI / NIGIRI

Español	English	Alérgenos	Allergens
Nigiri salmón	Sushi salmon	Pescado	Fish
Nigiri salmón teriyaki	Sushi teriyaki salmon	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame

ALERGENOS / ALLERGENS - 2021

Español	English	Alérgenos	Allergens
Nigiri salmón tsukudani	Sushi tsukudani salmon	Pescado Soja Sésamo	Fish Soya Sesame
Nigiri atún	Sushi tuna	Pescado	Fish
Nigiri atún teriyaki	Sushi teriyaki tuna	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Sushi espárrago miso	Sushi miso Asparagus	Pescado Soja Sésamo	Fish Soya Sesame
Nigiri gamba	Sushi prawn	Crustaceos Soja	Crustaceans Soya
Nigiri satay	Satay sushi	Crustaceos Cacahuets Sulfitos	Crustaceans Peanuts Sulphites
Nigiri dorada	Sushi bream	Gluten (trigo) Pescado Soja	Gluten (wheat) Fish Soya
Nigiri yellowtail miso yuzu	Sushi miso yuzu yellowtail	Pescado Soja	Fish Soya
Nigiri buey a la plancha	Sushi seared beef	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Sushi yellowtail	Sushi yellowtail	Gluten (trigo) Pescado Soja	Gluten (wheat) Fish Soya
Nigiri huevas de salmón	Sushi salmon roe	Pescado	Fish

MAKI

Maki aguacate	Maki avocado	Sésamo	Sesame
Maki pepino y queso	Maki cucumber cheese	Leche	Milk
Maki aguacate y queso	Maki avocado cheese	Leche	Milk
Maki zanahoria	Maki carott	Huevos Apio Mostaza Sulfitos	Eggs Celery Mustard Sulphites
Maki pepino	Maki cucumber	Sésamo	Sesame
Maki salmón	Maki salmon	Pescado	Fish
Maki atún	Maki tuna	Pescado	Fish
Maki atún picante	Maki spicy tuna	Gluten (trigo) Huevos Pescado Apio Mostaza	Gluten (wheat) Eggs Fish Celery Mustard
Maki arenque ahumado	Maki smoked herring	Pescado Leche	Fish Milk
Maki yellowtail kumquat	Maki kumquat yellowtail	Huevos Pescado Soja Apio Mostaza Sulfitos	Eggs Fish Soya Celery Mustard Sulphites
Maki salmón roll	Maki cheese salmon	Pescado Leche	Fish Milk

CALIFORNIA / ROLLS

California yellow veggie	California yellow veggie	Pescado Sésamo	Fish Sesame
California veggie roll	California veggie roll	Gluten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
California salmón y aguacate	California salmon avocado	Pescado Sésamo	Fish Sesame
California atún y aguacate	California tuna avocado	Pescado Sésamo	Fish Sesame
California muselina de atún y aguacate	California cooked tuna avocado	Huevos Pescado Soja Mostaza Sésamo Sulfitos	Eggs Fish Soya Mustard Sesame Sulphites
California pacific	California pacific	Gluten (trigo) Huevos Pescado Leche Apio Mostaza Sésamo	Gluten (wheat) Eggs Fish Milk Celery Mustard Sesame
California fresh salmón	California fresh salmon	Huevos Pescado Apio Mostaza Sésamo Sulfitos	Eggs Fish Celery Mustard Sesame Sulphites
California gamba tempura	California prawn tempura	Gluten (trigo) Crustaceos Huevos Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Soya Celery Mustard Sesame Sulphites
California scandinavian roll	California scandinavian roll	Pescado Leche	Fish Milk
California purple roll	California purple roll	Pescado Leche Sésamo	Fish Milk Sesame
California yellowtail ponzu	California yellowtail ponzu	Gluten (trigo) Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites

ALERGENOS / ALLERGENS - 2021

Español	English	Alérgenos	Allergens
California salmón aburi roll	California salmon aburi roll	Pescado Leche Mostaza Sésamo	Fish Milk Mustard Sesame
California chicken katsu	California chicken katsu	Gluten (trigo) Huevos Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame Sulphites
California french touch	California french touch	Gluten (trigo) Fructos de cascara (avellana)	Gluten (wheat) Nuts (hazelnut)
California pulpo	California octopus	Soja Sésamo Moluscos	Soya Sesame Mollusc
California tuna & truffle	California tuna & truffle	Huevos Pescado Apio Mostaza Sulfitos	Eggs Fish Celery Mustard Sulphites

SPRING ROLLS

Spring pepino y queso	Spring cucumber cheese	Leche	Milk
Spring aguacate y queso	Spring avocado cheese	Leche	Milk
Spring indian	Indian spring	Huevos Leche Apio Mostaza Sulfitos	Eggs Milk Celery Mustard Sulphites
Spring muselina de atún y aguacate	Spring cooked tuna avocado	Huevos Pescado Soja Mostaza Sésamo Sulfitos	Eggs Fish Soya Mustard Sesame Sulphites
Spring salmón y aguacate	Spring salmon avocado	Pescado	Fish
Spring pollo rebozado y aguacate	Spring fried chicken avocado	Gluten (trigo) Huevos Soja Leche Apio Mostaza Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sulphites
Spring atún y aguacate	Spring tuna avocado	Pescado	Fish
Spring salmón tataki	Spring salmon tataki	Gluten (trigo) Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites
Spring atún tataki	Spring tuna tataki	Gluten (trigo) Huevos Pescado Cacahuètes Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Peanuts Soya Celery Mustard Sesame Sulphites
Spring gamba	Spring prawn	Crustaceos	Crustaceans
Spring chicken curry	Spring chicken curry	Gluten (trigo) Huevos Soja Leche Apio Mostaza Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sulphites

SIGNATURE ROLLS

Signature green fresh	Signature fresh green	Huevos Soja Leche Apio Mostaza Sésamo Sulfitos	Eggs Soya Milk Celery Mustard Sesame Sulphites
Signature frenchie roll	Signature frenchie roll	Gluten (trigo) Huevos Soja Leche Apio Mostaza Sésamo	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame
Signature rock n roll *	Signature rock n roll *	Gluten (trigo) Huevos Pescado Soja Apio Mostaza Sésamo	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame
Signature fire roll	Signature fire roll	Gluten (trigo) Crustaceos Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Celery Mustard Sesame Sulphites
Signature gyū roll	Signature gyū roll	Gluten (trigo) Huevos Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Soya Celery Mustard Sesame Sulphites
Signature dragon roll	Signature dragon roll	Gluten (trigo) Crustaceos Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Celery Mustard Sesame Sulphites

SASHIMI & TATAKI

Sashimi salmón 15 piezas	Salmon sashimi 15 pieces	Pescado	Fish
Sashimi salmón 5 piezas	Salmon sashimi 5 pieces	Pescado	Fish
Sashimi atún 15 piezas	Tuna sashimi 15 pieces	Pescado	Fish
Sashimi atún 5 piezas	Tuna sashimi 5 pieces	Pescado	Fish
Sashimi mixto atún y salmón 15 piezas	Tuna salmon combo sashimi 15 pieces	Pescado	Fish
Sashimi surtido 15 piezas	Assortment sashimi 15 pieces	Crustaceos Pescado	Crustaceans Fish
Sashimi yellowtail 5/12 piezas	Yellowtail sashimi 5/12 pieces	Gluten (trigo) Pescado Soja	Gluten (wheat) Fish Soya

ALERGENOS / ALLERGENS - 2021

Español	English	Alérgenos	Allergens
Tataki de salmón 15 piezas	Salmon tataki 15 pieces	Gluten (trigo) Pescado Soja	Gluten (wheat) Fish Soya
Tataki de atún 15 piezas	Tuna tataki 15 pieces	Gluten (trigo) Pescado Soja	Gluten (wheat) Fish Soya
Tataki de buey 10 piezas	Beef tataki 10 pieces	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame

TARTARE / TARTAR / TARTAAR & CEVICHE

Tartar de salmón	Salmone tartare	Huevos Pescado Apio Mostaza Sulfitos	Eggs Fish Celery Mustard Sulphites
Nordic tartar	Nordic tartare	Pescado Leche Sulfitos	Fish Milk Sulphites
Ceviche de dorada con leche de tigre de mango	Bream ceviche and mango "leche de tigre" marinade	Pescado Sésamo	Fish Sesame

CHIRASHI

Chirashi salmón y aguacate	Salmon avocado chirashi	Pescado Sésamo	Fish Sesame
Chirashi marinado	Marinated chirashi	Pescado Leche Mostaza Sésamo	Fish Milk Mustard Sesame
Mediterranean bowl	Mediterranean bowl	Soja Leche Mostaza Sésamo Moluscos	Soya Milk Mustard Sesame Mollusc

YAKISOBA

Yakisoba veggie	Yakisoba veggie	Gluten (trigo) Soja Sésamo Sulfitos	Gluten (wheat) Soya Sesame Sulphites
Yakisoba salmón	Yakisoba salmon	Gluten (trigo) Pescado Soja Sésamo Sulfitos	Gluten (wheat) Fish Soya Sesame Sulphites
Yakisoba pollo	Yakisoba chicken	Gluten (trigo) Soja Sésamo Sulfitos	Gluten (wheat) Soya Sesame Sulphites
Yakisoba buey	Yakisoba beef	Gluten (trigo) Soja Sésamo Sulfitos	Gluten (wheat) Soya Sesame Sulphites

POKE BOWL QUINOA

Poke bowl quinoa veggie	Veggie quinoa poke bowl	Gluten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
Poke bowl quinoa salmón teriyaki	Teriyaki salmon quinoa poke bowl	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Poke bowl quinoa salmón detox	Detox salmon quinoa poke bowl	Gluten (trigo) Pescado Soja Mostaza Sésamo	Gluten (wheat) Fish Soya Mustard Sesame
Poke bowl quinoa salmón aburi	Salmon aburi quinoa poke bowl	Gluten (trigo) Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites
Poke bowl quinoa pollo teriyaki	Teriyaki chicken quinoa poke bowl	Gluten (trigo) Cacahuets Soja Mostaza Sésamo	Gluten (wheat) Peanuts Soya Mustard Sesame
Poke bowl quinoa passion salmón	Poke bowl quinoa passion salmon	Gluten (trigo) Pescado Soja Mostaza Sésamo	Gluten (wheat) Fish Soya Mustard Sesame
Poke bowl quinoa gamba	Prawn quinoa poke bowl	Gluten (trigo) Crustaceos Huevos Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Soya Celery Mustard Sesame Sulphites
Poke bowl quinoa dorada	Bream quinoa poke bowl	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Poke bowl quinoa atún picante *	Spicy tuna quinoa poke bowl *	Gluten (trigo) Huevos Pescado Soja Apio Mostaza Sésamo	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame
Poke bowl quinoa buey	Beef quinoa poke bowl	Gluten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame

POKE BOWL ARROZ

Poke bowl arroz veggie	Veggie rice poke bowl	Soja Sésamo	Soya Sesame
Poke bowl arroz salmón teriyaki	Teriyaki salmon rice poke bowl	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Poke bowl arroz salmón detox	Detox salmon rice poke bowl	Pescado Soja Mostaza Sésamo	Fish Soya Mustard Sesame
Poke bowl arroz salmón aburi	Salmon aburi rice poke bowl	Gluten (trigo) Huevos Pescado Soja Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites
Poke bowl arroz pollo teriyaki	Teriyaki chicken rice poke bowl	Gluten (trigo) Cacahuets Soja Mostaza Sésamo	Gluten (wheat) Peanuts Soya Mustard Sesame
Poke bowl arroz passion salmón	Poke bowl rice passion salmon	Pescado Soja Mostaza Sésamo	Fish Soya Mustard Sesame

ALERGENOS / ALLERGENS - 2021

Español	English	Alérgenos	Allergens
Poke bowl arroz gamba	Prawn rice poke bowl	Crustaceos Huevos Soja Apio Mostaza Sésamo Sulfitos	Crustaceans Eggs Soya Celery Mustard Sesame Sulphites
Poke bowl arroz dorada	Bream rice poke bowl	Pescado Soja Sésamo	Fish Soya Sesame
Poke bowl arroz atún picante *	Spicy tuna rice poke bowl *	Gluten (trigo) Huevos Pescado Soja Apio Mostaza Sésamo	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame
Poke bowl arroz buey	Beef rice poke bowl	Gluten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame

EXTRA

Arroz blanco	Plain rice		
Arroz avinagrado	Sushi rice	Sésamo	Sesame
Sopa miso	Miso soup	Pescado Soja	Fish Soya
Coleslaw wasabi	Coleslaw wasabi	Huevos Apio Mostaza Sésamo Sulfitos	Eggs Celery Mustard Sesame Sulphites
Ensalada de zanahorias con salsa de cítricos	Carrot salad with citrus dressing	Mostaza	Mustard
Edamame	Edamame	Soja	Soya
Ensalada de algas **	Seaweed salad **	Soja Sésamo	Soya Sesame
Gyoza de pollo	Chicken gyoza	Gluten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
Gyoza vegetarianas	Vegetarian gyoza	Gluten (trigo) Soja	Gluten (wheat) Soya
Gyoza gamba	Shrimp gyoza	Gluten (trigo) Crustaceos Huevos Sésamo	Gluten (wheat) Crustaceans Eggs Sesame
Gyoza cerdo	Pork gyoza	Gluten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
Yakitori buey con queso	Yakitori beef cheese	Gluten (trigo) Soja Leche	Gluten (wheat) Soya Milk
Yakitori pollo tsukune	Yakitori chicken tsukune	Gluten (trigo) Huevos Soja	Gluten (wheat) Eggs Soya
Yakitori pollo	Yakitori chicken	Gluten (trigo) Soja	Gluten (wheat) Soya
Salsa gyoza	Gyoza sauce	Gluten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
Salsa de soja salada	Salty soy sauce	Gluten (trigo) Soja	Gluten (wheat) Soya
Salsa de soja dulce	Sweet soy sauce	Gluten (trigo) Soja	Gluten (wheat) Soya
Jengibre	Ginger		
Wasabi	Wasabi	Soja Mostaza	Soya Mustard

SANDO

Sando veggie	Sando veggie	Gluten (trigo) Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Sando salmón	Sando salmon	Gluten (trigo) Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Sando chicken katsu	Sando chicken katsu	Gluten (trigo) Huevos Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame Sulphites
Sando gamba tempura	Sando prawn tempura	Gluten (trigo) Crustaceos Huevos Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Soya Milk Celery Mustard Sesame Sulphites

ALERGENOS / ALLERGENS - 2021

Español	English	Alérgenos	Allergens
---------	---------	-----------	-----------

POSTRES

Español	English	Alérgenos	Allergens
Frozen coco mochi	Frozen coconut mochi	Leche	Milk
Frozen mango pasión mochi	Frozen mango and passion mochi		
Frozen sésamo negro mochi	Frozen black sesame mochi	Leche Sésamo	Milk Sesame
Mousse de chocolate	Chocolate mousse	Huevos Soja Leche	Eggs Soya Milk
Cheesecake	Cheesecake	Gluten (trigo) Huevos Soja Leche Fructos de cascara (almendras)	Gluten (wheat) Eggs Soya Milk Nuts (almond)
Mi-cuit de chocolate	Chocolate fondant	Gluten (trigo) Huevos Soja Leche	Gluten (wheat) Eggs Soya Milk
Mango fresco	Fresh mango		
Macedonia de fruta del momento	Fruit salad of the moment		

BOX ESPECIAL / EVENT BOX

Español	English	Alérgenos	Allergens
Happy Sushi Box	Happy Sushi Box	Gluten (trigo) Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Amazing Sunday Box	Amazing Sunday Box	Gluten (trigo) Crustaceos Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Poke bowl arroz sweet salmon	Sweet salmon rice poke bowl	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Mango gunkan	Mango gunkan	Pescado Mostaza Sésamo	Fish Mustard Sesame
Box Dr Paper	Box Dr Paper	Gluten (trigo) Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos Moluscos	Gluten (wheat) Eggs Fish Soybeans Milk Celery Mustard Sesame Sulphites Molluscs
Parisian gunkan	Parisian gunkan	Huevos Apio Mostaza Sulfitos	Eggs Celery Mustard Sulphites
London sushi	London sushi	Huevos Pescado Apio Mostaza Sulfitos	Eggs Fish Celery Mustard Sulphites
Spanish roll	Spanish roll	Gluten (trigo) Huevos Apio Mostaza Moluscos	Gluten (wheat) Eggs Celery Mustard Molluscs
Veggie box	Veggie box	Huevos Pescado Soja Leche Apio Mostaza Sésamo Sulfitos	Eggs Fish Soybeans Milk Celery Mustard Sesame Sulphites
Spring blush	Spring blush	Sésamo	Sesame
Poke bowl quinoa fresh exotic	Poke bowl quinoa fresh exotic	Gluten (trigo) Pescado Soja Sésamo Sulfitos	Gluten (wheat) Fish Soybeans Sesame Sulphites
Poke bowl quinoa spicy gamba	Poke bowl quinoa spicy prawn	Gluten (trigo) Crustaceos Pescado Soja Sésamo	Gluten (wheat) Crustaceans Fish Soybeans Sesame
Poke bowl quinoa sunset dorade	Poke bowl quinoa sunset daurade	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soybeans Sesame
Poke bowl arroz fresh exotic	Poke bowl rice fresh exotic	Pescado Soja Sésamo Sulfitos	Fish Soybeans Sesame Sulphites
Poke bowl arroz spicy gamba	Poke bowl rice spicy prawn	Crustaceos Pescado Soja Sésamo	Crustaceans Fish Soybeans Sesame
Poke bowl arroz sunset dorade	Poke bowl rice sunset daurade	Pescado Soja Sésamo	Fish Soybeans Sesame

E110 ** / E102 * : puede tener efectos negativos sobre la actividad y la atención de los niños / may have an adverse effect on activity and attention in children

ES : La información de alérgenos se ha establecido a partir de datos comunicados por nuestros proveedores de referencia, no podemos excluir la presencia de otros alérgenos (trazas) que puedan haber aparecido durante la fabricación o manipulación de los productos.

EN : Allergen information has been established from data communicated by our referenced suppliers, we cannot exclude the presence of other allergens (traces) which may have appeared during the manufacture or handling of the products.

ALERGENOS / ALLERGENS - 2021

Español	English	Alérgenos	Allergens
---------	---------	-----------	-----------

POKE ADD-ON PROTEÍNA/ PROTEIN

Salmón teriyaki	Salmon teriyaki	Gluten (trigo) Pescado Soja Sésamo	Gluten (wheat) Fish Soybeans Sesame
Salmón marinado	Marinated salmon	Pescado Mostaza Sésamo	Fish Mustard Sesame
Pollo teriyaki	Chicken teriyaki	Gluten (trigo) Cacahuets Soja Sésamo	Gluten (wheat) Peanuts Soybeans Sesame
Atún picante	Spicy tuna	Gluten (trigo) Huevos Pescado Soja Apio Mostaza	Gluten (wheat) Eggs Fish Soya Celery Mustard
Atún y salmón	Tuna and salmon	Pescado Leche Mostaza Sésamo	Fish Milk Mustard Sesame

POKE ADD-ON ACOMPAÑAMIENTO / EXTRA

Aguacate	Avocado		
Edamame	Edamame	Soja	Soya
Ensalada de col	Cabbage salad	Sésamo	Sesame
Legumbres crujientes	Crunchy vegetables		
Piña	Pineapple		

POKE ADD-ON TOPPING

Cebollas fritas	Fried onions	Gluten (trigo)	Gluten (wheat)
Cacahuete	Peanut	Cacahuets	Peanuts
Cilantro	Coriander		
Granada	Pomegranate		
Sésamo	Sesame	Sésamo	Sesame
Cebollas rojas	Red onions		

ES : La información de alérgenos se ha establecido a partir de datos comunicados por nuestros proveedores de referencia, no podemos excluir la presencia de otros alérgenos (trazas) que puedan haber aparecido durante la fabricación o manipulación de los productos.

EN : Allergen information has been established from data communicated by our referenced suppliers, we cannot exclude the presence of other allergens (traces) which may have appeared during the manufacture or handling of the products.